



MEYER'S HOSPITAL FOOD SERVICE

When food helps recovery

Meals for hospitalized children and teenagers

At home, at school or on holiday, breakfast, lunch and dinner are important moments. They mark the daily routine and have a reassuring effect.

In hospital, meals have a special meaning because food is an integral part of therapy.

A correct diet is a crucial health factor and food's nutritional characteristics become a precious "ingredient" during the healing process.

When it comes to certain illnesses, nutritional intervention has a specific therapeutic objective and can prevent complications.

For these reasons, we asked the food company that supplies meals to the canteen and the wards to use high quality, seasonal and organic products, whose origins can be easily tracked. In fact, the menu indicates which products are fresh, frozen or organic.

If there are no dietary restrictions, it is possible to choose from the menu. However, if a particular diet needs to be followed, Meyer's dietician will explain why some foods are better than others.

We invest in the educational value of hospital food services, in quality services, in meals' nutritional value, in the respect of local food culture and obviously in taste, so

Enjoy your meal!

The Management

Meals for parents and/or accompanying persons

- The canteen staff can deliver lunch boxes to parents/accompanying persons directly in the wards.
- To benefit from this service, you have to buy meal vouchers at the canteen cashier desk. Opening hours: every day, from 10:45 a.m. to 11:45 a.m. and from 2:45 p.m. to 3:30 p.m.
- The meal costs € 5.00.
- It is possible to buy more vouchers and get a refund at the canteen cashier desk for the ones you did not use.
- The lunch box is made of two courses of your choice, water, bread and fruit.
- First, parents/accompanying persons must give their vouchers to the canteen staff, who then delivers the lunch box in the ward.



Remember

As for meals eaten in the ward, it is compulsory to pay in advance by purchasing meal vouchers at the canteen cashier desk.

Cashier desk opening hours: from Monday to Saturday, from 10:45 a.m. to 11:45 a.m. and from 2:45 p.m. to 3:30 p.m.

1 October 2021